

HILLSBORO CLINIC

Excellence in Primary Care



356 SE 9th Ave
Hillsboro, OR 97213
www.HillsboroClinic.com
503.681.4366 (phone)
503.681.4374 (fax)

DR. MARC E. LEWIS DR. MEENAKSHI AGGARWAL ANNE DUNNE, FNP MELINDA SANFILIPPO, FNP

PATIENT: _____ DOB: _____

HAM Form

Date: _____

0 Card Number (0=none, 1=mild, 2=moderate, 3=severe/grossly disabling)

- 1 **Anxious Moods**
Worries, anticipation of the worst, fearful anticipation, irritability
- 2 **Tension**
Feeling of tension, fatigability, startle response, moved to tears easily, trembling, feelings of restlessness, inability to relax
- 3 **Fears**
Of dark, of strangers, of being left alone, of animals, of traffic, of crowds
- 4 **Insomnia**
Difficulty in falling asleep, broken sleep, unsatisfying sleep and fatigue on waking, dreams, nightmares, night terrors
- 5 **Intellectual (cognitive)**
Difficulty in concentration, poor memory
- 6 **Depressed Mood**
Loss of interest, lack of pleasure in hobbies, depression, early waking, diurnal swing
- 7 **Somatic (muscular)**
Pains and aches, twitchings, stiffness, myoclonic jerks, grinding of teeth, unsteady voice, increased muscular tone
- 8 **Somatic (sensory)**
Tinnitus, blurring of vision, hot and cold flushes, feelings of weakness, picking sensation
- 9 **Cardiovascular Symptoms**
Tachycardia, palpitations, pain in chest, throbbing of vessels, fainting feelings, missing beat
- 10 **Respiratory Symptoms**
Pressure or constriction in chest, choking feelings, sighing, dyspnea
- 11 **Gastrointestinal Symptoms**
Difficulty in swallowing, wind, abdominal pain, burning sensations, abdominal fullness, nausea, vomiting, borborygmi, looseness of bowels, loss of weight, constipation
- 12 **Genitourinary Symptoms**
Frequency of micturition, urgency of micturation, amenorrhea, menorrhagia, development of frigidity, premature ejaculation, loss of libido, impotence
- 13 **Autonomic Symptoms**
Dry mouth, flushing, pallor, tendency to sweat, giddiness, tension headache, raising of hair
- 14 **Behavior at Interview**
Fidgeting, restlessness or pacing, tremor of hands, furrowed brow, strained face, sighing or rapid respiration, facial pallor, swallowing, belching, brisk tendon jerks, dilated pupils, exophthalmos